



**AUTHORITY TO USE OR DISCLOSE HEALTH INFORMATION / MEDICAL RECORDS RELEASE**  
**REQUEST THE INSOMNIA AND SLEEP INSTITUTE OF ARIZONA TO RELEASE INFORMATION**

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Social Security #: \_\_\_\_\_

Medical Record #: \_\_\_\_\_

**Please release the following information:**

- ☐ History and Physical, Medications, and Most Recent Progress Notes for Visit
- ☐ Entire Medical Record / Include Medications

- ☐ ALL Sleep Study Reports
- ☐ Other \_\_\_\_\_

**The purpose of this request is for:**

- ☐ Further Medical Care
- ☐ Disability Determination
- ☐ Insurance / Release
- ☐ Personal Use (Patient)
- ☐ Government Agency / Police
- ☐ Attorney / Legal Investigation
- ☐ Other \_\_\_\_\_

**I hereby authorize** The Insomnia and Sleep Institute of Arizona to disclose protected health information relative to my treatment and care to:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I understand that the information in my health record may include information relating to sexually transmitted disease, AIDS, or HIV. It may also include information about behavioral or mental health services, and treatment of alcohol and drug abuse.

I understand that I have the right to revoke this authorization at any time. I understand that if I revoke this authorization, I must do so in writing and present my written revocation to The Insomnia and Sleep Institute of Arizona medical personal. I understand that this revocation will not apply to information that has already been released in response to this authorization. I understand that the revocation will not apply to my insurance company when the law provides my insurer with the right to contest a claim under my policy.

This authorization will automatically expire within 12 months from the date signed below.

I understand that once the above information is disclosed, it may be redisclosed by the recipient and the information may not be protected by federal privacy laws or regulations. I understand authorizing the use or disclosure of the information identified above is voluntary. I need not sign this form to ensure healthcare treatment.

\_\_\_\_\_  
Signature of Patient or Legal Representative

\_\_\_\_\_  
Date

If Patient is unable to consent by reason of age or some other fact, state reasons:

\_\_\_\_\_

\_\_\_\_\_  
Legally Authorized Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship to Patient



**AUTHORITY TO USE OR DISCLOSE HEALTH INFORMATION / MEDICAL RECORDS RELEASE**  
AUTHORIZE THE INSOMNIA AND SLEEP INSTITUTE OF ARIZONA TO RECEIVE INFORMATION

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Social Security #: \_\_\_\_\_

Medical Record #: \_\_\_\_\_

**Please release the following information:**

☐ History and Physical with Most Recent Progress Notes for

☐ Sleep Study Reports

Visits and Labs

☐ Entire Medical Record with Medication List

☐ Any Lab and/or Imaging Reports

☐ Other \_\_\_\_\_

**The purpose of this request is for:**

☐ Continuation of Medical Care

☐ Insurance/Release

☐ Other \_\_\_\_\_

**I hereby authorize:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**To disclose protected health information relative to my treatment and care to The Insomnia and Sleep Institute of Arizona.**

I understand that the information in my health record may include information relating to sexually transmitted disease, AIDS, or HIV. It may also include information about behavioral or mental health services, and treatment of alcohol and drug abuse.

I understand that I have the right to revoke this authorization at any time. I understand that if I revoke this authorization, I must do so in writing and present my written revocation to The Insomnia and Sleep Institute of Arizona medical personal. I understand that this revocation will not apply to information that has already been released in response to this authorization. I understand that the revocation will not apply to my insurance company when the law provides my insurer with the right to contest a claim under my policy.

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\_\_\_\_\_  
Signature of Patient or Legal Representative

\_\_\_\_\_  
Date

If Patient is unable to consent by reason of age or some other fact, state reasons:

\_\_\_\_\_

\_\_\_\_\_  
Legally Authorized Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship to Patient

**Please send results to: 8330 E Hartford Dr, Suite 100, Scottsdale, AZ, 85255-7205 or fax to: 480-745-3548**